

4-Week Workshop For Singles

This singles workshop is appropriate for individuals not currently in a relationship, who are tired of making the same mistakes over and over again and want to learn the secret to finding and keeping lasting love. This workshop is all about transforming the self. Often we are tempted to think the problem is "finding the right person." This workshop is all about "becoming the right person."

What you can expect from this workshop:

SELF-DISCOVERY: Discover why you are always attracted to similar types of people. Understand the connection between the frustrations you've experienced in past relationships and your frustrations in childhood. Recognize your past wounds and the defenses which you use to protect yourself from being hurt again. These are the walls that prevent more intimate relationships.

HEALING PAST WOUNDS: You will begin the process of healing past wounds and get a chance to "say goodbye" to former love partners. As you release old feelings you'll be able to look forward to the future and begin to get over your fears.

NEW RELATIONSHIP SKILLS: You will get to practice effective skills to help you break the negative cycle of relating. You'll discover how you inadvertently sabotage relationships to protect yourself from unconscious fears and anticipated hurts. With the new tools learned at this workshop, you will be able to convert conflict into growth in your next relationship.

CREATING A PLAN FOR PERSONAL CHANGE: By the end of the workshop you will know what you must change in yourself to Keep The Love You Find - and you'll create a step-by-step personal program to help you achieve your goals.

MEET NEW PEOPLE WHO ARE ALSO INVOLVED IN PERSONAL GROWTH

UNDERSTAND THE MYSTERY OF LOVE: Learn about the stages of love. Develop an understanding of romantic love, the power struggle and real love.

RECOGNIZE THE ROLE OF SEX AND SEXUAL CHEMISTRY BETWEEN YOU AND A PARTNER: The role that sex plays in a relationship is important. Learn how it can help and how it can hurt your relationships.

For more information, and to register, please go to:

www.joekort.com or mail your name and payment to:

Joe Kort, Ph.D. and Associates | 25600 Woodward Ave., Ste 215, Royal Oak, MI 48067

[Tuesdays 7-9PM]

March 21
March 28
April 11
April 18

Cost: \$200



Workshop Registration Form

A 50% deposit is required to reserve a spot, with the balance due 7 days before the start of the workshop.

If you have to cancel and do so at least 7 days before the workshop, all but \$100 of your registration fee will be refunded to you. No refunds will be made if (1) you cancel less than 7 days before the workshop; (2) you do not attend; and (3) you do not complete the workshop.

Workshop Information

4-week Singles Workshop / March 21, 28, April 11, 18 / \$200 per person

I learned about this workshop from _____

Contact Information

Participant's Name _____

eMail address _____

Street Address _____

City _____ State _____ Zip Code _____

Phone Number _____ Alternate Phone Number _____

Payment Information

By Check I am enclosing a check made payable to Joe Kort in the amount of _____

By Credit Card Visa Mastercard Discover

Credit Card Number _____

Amount to be charged to credit card _____ Expiration Date _____

Name on Credit Card _____

Signature _____

Mail completed form along with payment to:

Joe Kort and Associates | 25600 Woodward Ave., Ste 215, Royal Oak, MI 48067

Or fax your registration to 248-429-1550.

For more information call 248.399.7317 or visit www.joekort.com